

Arizona Polo School Beginners Program

The Arizona Polo Club offers a four phase introduction to polo that is designed to take a beginner and teach them the basics of the game so that he or she understands the game, its rules and can participate in matches and play competitively and safely.

The four phases are:

1. A 10-Hour Introductory Program taught by polo professionals, designed to teach the basics of polo riding, hitting, rules, strategy and safety.
2. Basic drill and polo riding: consisting of drills, strategy and coached chukkers with players of comparable experience supervised by pros and experienced players.
3. Participation in club play on coached and closely supervised slow chukkers to have new players used to rules and chukkers will be stopped and rules will be explained to all and demonstration of fouls will be re-enacted. Rules Test and explanation.
4. Graduation to Gecko League playing polo at a walk or trot only. Your team will be penalized for cantering or galloping.

The following is a breakdown of a normal 10-Hour Introductory Program. However, the Pro will adapt it to suit the ability and experience of the individual student.

Polo Riding: Learning to ride polo style. Initial instruction will take place in the arena and then move to the open fields. Approx: 2.5 Hours

Hitting: Learning to hit the polo ball and the various strokes: nearside, offside, and back forehand and nearside, neck shots, tail and open shots. Instruction is given in a hitting cage on the wooden horse and later on the arena while mounted. Approx : 2.0 Hours

Rules & Safety: Both classroom & arena instruction on the rules of the game & how to play safely. Approx: 1.5 Hours

Strategy: Again both classroom and field instruction in how the game is actually played including the player's individual and team responsibilities. 1.0 Hours

Stick & Ball: Putting it all together, riding and hitting the ball. 3.0 Hours

Chukkers: Graduation; actually playing a game with players of comparable experience.

Riding sessions will usually be one-on-one but never more than 3 students per instructor. Classroom sessions may be in groups. The ten hours can be scheduled at the convenience of the student and pro and you can buy a full package for the 10 hours.

Arizona Polo School Beginners Program

APC will provide the instructor, polo pony, tack, mallets, helmet, and facilities. The student need only bring boots (or closed toe shoes), gloves and desire to learn and have fun.

Cost:

Group lesson: \$100.00

Package Group lesson: \$900.00

Private lesson: \$125.00

Package Private Lesson: \$1,125.00

Following completion of the introductory phase the novice can move into the Gecko League Chukkers. At this point it will be necessary to lease at one horse to participate in the program.

Pony Lease Program:

APC has Ponies available for lease on a first come first serve basis. You are encouraged to lease or buy polo pony (ies) as soon as possible. You can improve dramatically if you have access to riding very often. Polo is 80% riding and if you can improve your riding you can improve your polo.

Club Contact:

- Diego Florez, DVM APC Manager 480-201-4530 info@azpoloclub.com